

## CLAIMS

What I claim as my invention are:

1. Tablets, capsules and powder formulations developed with natural ingredients taken orally to prevent, cure, control and/or manage vaginal yeast infections.
2. A method as stated in claim 1 wherein the natural ingredients for the tablets, capsules and powder formulations are comprised and compounded of the active natural ingredients Pau D' Arco or La Pacho (*tabebuia heptaphylla*, inner bark) – 500 mg, Acidophilus – 18 billion organisms per gram (*lactobacillus acidophilus* – 2 billion, *bifidobacterium bifidum* - 1.2 billion, *bifidobacterium longum* - 200 million, *streptococcus thermophilus* – 200 million, *lactobacillus bulgaricus* – 200 million, *lactobacillus paracasei* – 200 million) and Allium sativum or concentrated Garlic bulb – 500 mg.
3. A method as recited in claim 1 comprising the further step of oral administration of the tablets, capsules or powder formulations to manage and control the pH balance of the vaginal tract thus preventing, curing and controlling yeast infections in the vaginal tract of the vaginal tract.
4. A method as recited in claim 1 wherein the effective dosage is 1 to 3 capsules or tablets per day or a measurement of powder to the equivalent of the ingredients outline in claim 2 depending on the severity of the yeast infection being treated.
5. A method as recited in claim 2 wherein the dosage is administered with each meal.
6. A method as recited in claim 2 wherein the Acidophilus may be eliminated from the compound.
7. A method as recited in claim 2 wherein said preparation includes the following inactive ingredients: Cellulose (plant fiber), Magnesium Stearate and Silica.
8. A method as recited in claim 1 wherein the composition is administered at least three times a day for at least two weeks upon the initial treatment with the invention, dosage outlined in

claim 2.

9. A method as recited in claim 1 wherein the composition is administered on an as needed basis.
10. A method as recited in claim 1 wherein the powder formulation may be administered by mixing the powder in any beverage for consumption.
11. A method as recited in claim 1 wherein individuals who are being treated with other drugs for other illnesses may ingest the tablet, the capsule or the powder formulation with no complications due to the interaction of this naturally formulated invention with the other drugs.